



Northwest Michigan Chronic Disease Prevention Coalition Meeting Minutes

Friday, October 12, 2018

Attendees: Donna Norkoli, DHD #10; Erin Barrett, DHD #10; Sally Mellema, DHD#10; Kim Chandler DHD #10, Joanne Benthum, MSU Extension; Caitlin Hills, DHD #10; Zoey Thayer DHD #10; David Conklin, Kalkaska Memorial Hospital; Tom Rich, American Cancer Society; Matt Leverage, DHD #10; Gail Bullard, Ferris State University, Coalition Chair

WebLink: Hollee Roush, Munson Healthcare Manistee Hospital; Catalina Burillo, Mercy Health; Anuli Njoko, Ferris State University; Nicole Werthington; MSU Extension

Discussion	Action
<p><u>Membership</u></p> <p>Donna reviewed the results from the Coalition Assessment Survey. 13 members participated in the survey. Some key points that came out in the survey were:</p> <p>People liked the Summit Task force groups are useful Could the LiveWell website be a platform where people could log on, check updates, make comments Rotate meetings at different locations Publish an Annual Report and send to media to increase communication with the broader community More outreach to individual members</p>	<p>Donna will send out some questions on survey monkey for the group related to comments provided on the survey to get more specific feedback.</p> <p>How do we increase member engagement, inclusivity?</p> <p>Donna will update the member directory and send out</p> <p>How can we provide better Technical Assistance?</p> <p>How do we clarify roles of members?</p> <p>How do we make better use of partners, resources, and increase collaborative efforts?</p> <p>How do we work more effectively as a whole?</p>
<p><u>PSE Change Task Force – Sally Mellema</u></p> <p>Sally reviewed the evaluation surveys from the Summit. There were 44 attendees. Evaluations were positive.</p> <p>Suggestions were:</p> <ul style="list-style-type: none"> • The day should be shortened. End at 2 p.m. • Some wanted a more central location. <p>Sally plans to begin marketing sooner next year. Add in speed networking, mini table top presenters.</p>	<p>Sally is researching different locations for next year. The PSE Task Force will meet in Jan. to continue Summit Planning for next year. Please let Sally know if you would like to be on the planning team.</p> <p>Smellema@dhd10.org</p> <p>We will be sending out the revised guidelines and the RFP in December.</p>

Sally reviewed the guidelines for FY 19 for the Tencon funding for Coalitions. The deadline to submit a Request for funding will be March 1, 2019. If coalitions have completed the CHANGE Tool in 2018 they will not need to re-do this year. Coalitions can also opt to complete the Nutrition Environment Assessment tool or the Promoting Active Communities Assessment Tool if that fits their funding request. This year we have added a requirement that each coalition must send a representative to the NMCDPC meetings and a representative from the fiduciary agency must attend the local coalition meetings. Some ideas for funding projects we have added are:

- Safe Routes to School Project funds
- Non-motorized Transportation Plan for a community
- Visioning workshop and Non-motorized transportation demonstration project
- Healthy food Access projects – healthy vending, corner stores, choice food pantries
- Program training and sustainable materials to be used as ongoing part of the organization’s practices, NDPP, CATCH, PATH, TTS
- Health System change for tobacco cessation
- Park or playground enhancements for Tobacco -free parks
- Farmers market enhancements and promotion or community garden enhancements

Northern Michigan Diabetes Prevention Program – Kim Chandler

November is Diabetes Awareness Month
The theme this year is Promoting Health after Gestational Diabetes

The NMDI Task force is meeting in October to discuss the action plan moving forward. DPP is billable through Medicare but not many DPP providers in our region are billing as of yet.

Please promote the www.mihealthyprograms.org website to providers and community members to access list of DPP classes and locations.

Go to <https://www.niddk.nih.gov/health-information/communication-programs/ndep/partner-community-organization-information/national-diabetes-month/promote> for Diabetes Month toolkit

Kim will send a list of NDPP classes to Donna to send out to the group.

<p><u>Tobacco Prevention and Cessation Community/Clinical Linkages Task Force – Donna Norkoli</u></p> <p>Are we making progress? Yes! Referrals to Tobacco Treatment Specialists across our region have been increasing. From October, 2017 to October, 2018 DHD #10 had 159 referrals.</p> <p>The Quitline has had 185 referrals from our region. Please contact Karen Ripke if you need more Quitline materials. We can order them free of charge.</p> <p>DHD #10 and Spectrum Health have developed some maternal smoking packets which will be distributed to DHD #10 clinics and OB/GYN providers.</p> <p>Karen Ripke will be conducting a TTS training November 12-15 in Cadillac. We will be sending out a registration flyer and link to register online. Please forward to anyone you think might be interested. The fee is \$1000 and that covers all fees to ATTUD and meals at the training. ATTUD is working on having TTS recognized as a profession so that anyone certified as a TTS can bill.</p> <p>November 15 is the Great American Smokeout. A toolkit is available on the American Cancer Society website.</p>	<p>The next Meeting of the Tobacco Task Force will be on Nov. 26 at 1 p.m. at the Cadillac office of DHD #10. Call in will be available.</p> <p>Karen Ripke is available to arrange for tobacco cessation for all public housing that are adopting smokefree policies.</p> <p>Please call Karen Ripke if you know of a provider office that may want to work with DHD #10 to complete an assessment of practices regarding tobacco cessation and get Technical assistance to make improvements.</p> <p>Donna will send out the link to the toolkit and a form to let us know how you used the toolkit and your reach. Please return the form! It really helps with making the case for our coalition activities and funding for the coalition.</p>
<p><u>LiveWell Website and Newsletter – Erin Barrett</u></p> <p>Erin discussed the new website and the NMCDPC page. Please send information to post. https://www.livewell4health.org/nmcdpc</p> <p>The November newsletter will highlight the September Summit. Erin discussed having a blog space on our web page where members can interact.</p>	<p>Send information on any events you want promoted to Erin Barrett at ebarrett@dhd10.org</p> <p>Content for the November Newsletter is due to Erin by November 20th.</p>

<p><u>Worksite Wellness- Caitlin Hills</u> Caitlin sent out a survey to inventory worksites implementing worksite wellness programs and agencies providing worksite wellness services. Caitlin has an e-mail list of worksites she sends out monthly newsletters and resources to. Please contact Caitlin at chills@dhd10.org if you want to be added to the list.</p>	<p>The survey will stay open until the end of October. Please take the survey if you have not already. https://www.surveymonkey.com/r/KT7DPQB</p> <p>Caitlin will add the survey link to our LiveWell website and Facebook page.</p>
<p><u>Member Updates</u></p> <p>Donna reported that DHD #10 was awarded a Rural Health Outreach Grant from HRSA. It is a 3 year project. The project, Dental Partnering for Heart Health, will serve adults ages 30 – 74 with no history of cardiovascular disease. The target service area will be two counties within the DHD #10 jurisdiction; Mecosta County and Lake County. This project will focus on connecting dental health providers, public health providers, and primary care providers to reduce the risk of cardiovascular disease. Partners in the project include: District Health Department #10, Baldwin Family Health Care, Spectrum Health Big Rapids Hospital, My Community Dental Center and Ferris State University.</p> <p>Tom Rich reported that October is Breast Cancer Awareness Month. 1 in 5 women will develop breast cancer. Post messages on Facebook, talk to friends and family.</p> <p>Kalkaska Memorial Hospital will be conducting mammograms on Sat. Oct. 20th.</p> <p>Anuli reported that two public health students attended a Tobacco Free Campus conference in Atlanta. They will be conducting a campus tobacco butt cleanup for Great American Smokeout. Ferris is still working towards the Tobacco free Campus policy.</p>	<p>Resources for social media: https://www.cdc.gov/cancer/breast/buttons.htm</p>
<p><u>Strategic planning</u></p>	<p>Nov. 2 Meeting will be held at: Michigan Works Reed City located at 240 E. Church Avenue, Reed City 49677</p>

<p>The Nov. 2 meeting will be a strategic planning meeting. We will review the current workplan and make additions or take out objectives and activities as the group decides.</p> <p>We will break into small groups related to each objective based on your area of interest. Tom suggested that we make sure objectives are measurable and have a dashboard that highlights our progress and work done by each agency.</p>	<p>This will be in person only. Lunch will be provided.</p> <p>Donna will send a meeting invite so please RSVP.</p>
---	---

Next meeting date: November 2, 2018 from 10 – 12.