

# BE A TOURIST IN YOUR OWN TOWN

# DISC GOLF

## WHAT IS DISC GOLF?

Disc golf is played much like golf except, instead of a ball and clubs, players use a special disc. The sport was formalized in the 1970s and shares with golf the object of completing each hole in the fewest strokes (or, in the case of disc golf, fewest throws).



## TIPS

- Stay hydrated by bringing water
- Let someone know where you are
- Protect your skin (sunscreen, hat, sunglasses)
- Wear comfortable walking shoes
- Check the weather before you go
- Check for ticks after you play. See how [here](#).

## RESOURCES

- [Manistee Disc Golf Club](#) on Facebook
- [How to play/Rules](#)

## LOCAL COURSES

[Pine River Paddle Sports](#)



[Red Szymarek Park](#)



[Northern Natural Cider House Disc Golf](#)



[First St. Beach Family Disc Golf Course](#)



[Labyrinth at West Shore Community College](#)



[Crystal Mountain \(R\)](#)



[Acorn Hills Farm & Disc Golf Center](#)



[St. Ambrose Cellars](#)



[Udell Rollways](#)



[Armory Youth Project \(R\)](#)



[Skinner Park Disc Golf Course](#)



(R)=rental discs available