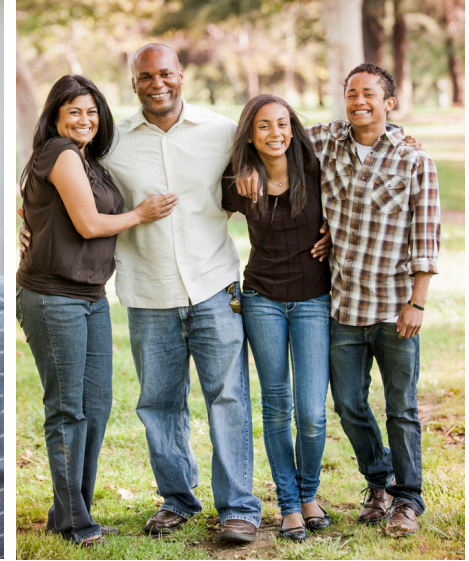




# District Health Department #10

Healthy People, Healthy Communities

Be rewarded for wellness! Participants in the program at DHD#10 will receive gift cards and other wellness items (up to \$250 in value) as an incentive for participation!



The National Diabetes Prevention Program (NDPP) is a lifestyle-change program for adults at risk of Diabetes.

The NDPP is open to adults 18+ who meet certain criteria and is now covered by Medicare Part B!

Contact us today to learn more:  
DHD#10 Diabetes Prevention  
[preventdiabetes@dhd10.org](mailto:preventdiabetes@dhd10.org)

OR

Scan the QR code to join our contact list to be notified of the next DPP class in your area!

